



Post-Operative Instructions after a Crown or Bridge Procedure

- ◆ Crowns and bridges usually take two or three appointments to complete. The teeth are prepared and shaped during the first appointment, and temporary crowns and bridges are placed to protect the teeth while the lab is making the final restoration.
- ◆ If anesthetic was used during the procedure, avoid chewing until the numbness has completely worn off.
- ◆ Occasionally a temporary crown or bridge may come off. It is very important for the proper fit of your final restoration that temporaries stay in place; please call us if this happens and keep the temporary so we can re-cement it.
- ◆ Avoid eating sticky foods, hard foods or ice, and chew on the opposite side of your mouth if possible to help keep your temporary in place
- ◆ Take antibiotics or other medications only as directed.
- ◆ Brush and floss as usual. To prevent dislodging a temporary or permanent bridge, use added caution when cleaning around the crown or underneath the bridge, and floss carefully.
 - To prevent removal of the crown, remove the floss by pulling it through the teeth, not down or up from between the space between teeth. (We may also recommend special floss, brushes, or other cleaning aids.)
 - If your teeth are sensitive to hot, cold, or pressure, you may use a de-sensitizing toothpaste. If sensitivity persists beyond a few days, give us a call.
- ◆ It is normal to experience mild hot, cold and pressure sensitivity after each appointment and your gums may be sore for several days. Rinse two to three times a day with warm salt water (1 tsp. salt to 1 cup water) to alleviate any discomfort or minor swelling.
- ◆ If your bite feels uneven, if you have persistent pain, or you have any questions or concerns, please call our office.

Your Comfort is Our Number One Concern

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